

# Life

## Happens.

#### Embrace Life Abroad with Expat & Nomad Health Insurance.

Seven Corners Expat & Nomad Health Insurance covers U.S. residents living and working internationally for a year or more.

This summary of benefits provides additional details about the coverage included in this plan. Please contact us for more information, to get a quote, or to purchase coverage.



Toll free: 1-800-335-0611



Worldwide: 1-317-575-2652



Email: sales@sevencorners.com

After purchase, Freedom Health will collect premium, answer any benefit questions you might have, and handle claims.

#### **About Seven Corners**

For more than 30 years, Seven Corners Travel Insurance has offered customizable trip protection and travel medical insurance for domestic and international travelers. We know the unexpected can occur any time, anywhere. That's why we provide you with the best coverage and support so you'll be prepared when life happens.

#### About Freedom Health

Founded in 2003, Freedom Health Insurance is an award-winning private medical insurance (PMI) provider that offers exceptional customer service and simple yet flexible products at competitive premiums for people living worldwide.

### Summary of Benefits

Important: All benefit limits apply to each insured person in each period of insurance unless otherwise stated.

|                                  | Diamond   | Platinum  | Gold    | Silver  | Bronze  |  |
|----------------------------------|-----------|-----------|---------|---------|---------|--|
| EXPAT AND NOMAD HEALTH INSURANCE |           |           |         |         |         |  |
| Maximum limit, per policy year   | 2,000,000 | 1,000,000 | 750,000 | 500,000 | 500,000 |  |
| Currency                         | €/£/\$    | €/£/\$    | €/£/\$  | €/£/\$  | €/£/\$  |  |

|   | Diamond  | Platinum   | Gold  | Silver  | Bronze      |  |
|---|--|--|---|---|-------------|--|
| A. INPATIENT & DAY-PATIENT BENEFIT  |  |  |   |   |             |  |
| Hospital accommodation – costs of a standard single en-suite room.  |  | Covered in full  |   |   |             |  |
| Nursing fees, medical expenses<br>and ancillary charges.  |  | Covered in full  |   |   |             |  |
| Prescription drugs and dressings.   |  |  | Covered in full                                       |   |             |  |
| Operating theatre charges, surgical drugs and dressings.  |  | Covered in full  |   |   |             |  |
| Surgeon's, anaesthetist's and consultant's fees.  |  |  | Covered in full                                       |   |             |  |
| Surgical appliances which form a permanent<br>and integral part of the body, apart from<br>neurostimulators and pacemakers as outlined in<br>the exclusions.  |  | Covered in full  |   |   |             |  |
| Organ transplant – surgical procedure in<br>performing the following organ and/or tissue<br>transplants: heart, heart/valve, heart/lung, liver,<br>pancreas, pancreas/kidney, kidney, bone marrow,<br>parathyroid, muscular/skeletal and cornea<br>transplants. | Covered up<br>to 300,000                       | Covered up<br>to 200,000                               | Covered up<br>to 200,000                              | Covered up<br>to 100,000                              | Not covered |  |
| Oral surgical procedures as specified<br>in our definition.   |  |  | Covered in full                                       |   |             |  |
| Emergency dental treatment required to restore<br>your oral health following a serious eligible<br>accident that requires you being admitted<br>to hospital. Please refer to the definition of<br>emergency inpatient dental treatment.                         |  |  | Covered in full                                       |   |             |  |
| Diagnostic tests, including pathology and radiology.  |  |  | Covered in full                                       |   |             |  |
| MRI/CT/PET scans.   |  |  | Covered in full                                       |   |             |  |
| Physician and therapist fees including physiotherapy during an inpatient stay.  |  |  | Covered in full                                       |   |             |  |
| Psychiatric treatment.<br>12 month waiting period applies   | Fully covered up<br>to a maximum of<br>28 days | Covered up to<br>10,000 for a<br>maximum of 28<br>days | Covered up<br>to 5,000 for a<br>maximum of 28<br>days | Covered up<br>to 5,000 for a<br>maximum of 28<br>days | Not covered |  |
| Accommodation for one parent staying with an insured child under 16.  |  |  | Covered in full                                       |   |             |  |
| Inpatient cash benefit where treatment has been received and no charges have been made.   |  | 100 per nig  | ht, up to a maximum                                   | of 50 nights  |             |  |

|  | Diamond                 | Platinum               | Gold                   | Silver                 | Bronze      |
|--|-------------------------|------------------------|------------------------|------------------------|-------------|
| B. ADDITIONAL BENEFITS   |                         |                        |                        |                        |             |
| Complications during childbirth – cover for<br>the following conditions that arise during<br>childbirth and that require a recognised<br>obstetric procedure: Postpartum haemorrhage<br>and retained placental membrane.<br>Complications of childbirth are only payable where<br>the cover also includes a routine maternity benefit.<br>In this case, complications of childbirth shall also<br>refer to medically necessary caesarean sections.<br><b>12 month waiting period applies</b> | Covered up to<br>10,000 | Covered up to<br>5,000 | Covered up to<br>2,500 | Covered up to<br>2,500 | Not covered |
| Complications in pregnancy resulting from,<br>abnormal presentation; ectopic pregnancy,<br>miscarriage; missed abortion; pre-eclampsia,<br>gestational diabetes or hydatidiform mole that<br>arise during the antenatal stages of pregnancy.<br>12 month waiting period applies  | Covered up to<br>10,000 | Covered up to<br>5,000 | Covered up to<br>2,500 | Covered up to<br>2,500 | Not covered |
| Hormone replacement therapy.   | Covered up to 250       | Covered up to 250      | Covered up to 250      | Covered up to 250      | Not covered |
| Home nursing benefit. Immediately following or instead of an inpatient stay.   | Covered up to<br>3,500  | Covered up to<br>2,000 | Covered up to<br>1,500 | Covered up to<br>1,500 | Not covered |
| Local ambulance.   |                         |                        | Covered in full        |                        |             |

|   | Diamond                | <b>Platinum:</b><br>5,000 Maximum | <b>Gold:</b><br>2,500 Maximum | <b>Silver:</b><br>1,500 Maximum | Bronze   |
|---|------------------------|-----------------------------------|-------------------------------|---------------------------------|--|
| C. OUTPATIENT BENEFIT   |                        |                                   |                               |                                 |  |
| Medical practitioner's, specialist's and consultant's fees, prescribed medicines, drugs and dressings.  | Covered in full        | Covered up to<br>5,000            | Covered up to<br>2,500        | Covered up to<br>1,500          | Covered up<br>to 1,000 when<br>following an<br>inpatient surgical<br>procedure for up<br>to 90 days. |
| Diagnostic tests, including pathology and radiology.  | Covered in full        | Covered up to<br>5,000            | Covered up to<br>2,500        | Covered up to<br>1,500          | Covered up<br>to 1,000 when<br>following an<br>inpatient surgical<br>procedure for up<br>to 90 days  |
| Physiotherapy by a registered<br>physiotherapist, when referred by a medical<br>practitioner, specialist or consultant.<br>Physiotherapy is initially restricted to six sessions<br>per condition, after which the treatment must be<br>reviewed by the referring medical practitioner.<br>Should further sessions be required, a progress<br>report must be submitted to us, which indicates<br>the medical necessity for any further treatment. | Covered in full        | Covered up to<br>1,000            | Covered up to 500             | Covered up to 500               | Covered up<br>to 1,000 when<br>following an<br>inpatient surgical<br>procedure for up<br>to 90 days  |
| Chiropractic, osteopathic, homeopathic, Chinese<br>herbal medicine and acupuncture.   | Covered in full        | Covered up to<br>1,000            | Covered up to 500             | Covered up to 500               | Covered up<br>to 1,000 when<br>following an<br>inpatient surgical<br>procedure for up<br>to 90 days  |
| Psychiatric treatment.<br>12 month waiting period applies   | Covered up to<br>2,000 | Covered up to<br>1,000            | Covered up to 500             | Covered up to 500               | Not covered  |
| Routine health checks, including vaccinations.  | Covered up to 300      | Covered up to 200                 | Covered up to 200             | Covered up to 100               | Not covered  |
| MRI/CT/PET scans.   |                        |                                   | Covered in full               |                                 |  |
| Outpatient surgery.   |                        |                                   | Covered in full               |                                 |  |

|   | Diamond  | Platinum                                       | Gold   | Silver   | Bronze      |  |
|---|--|--|--|--|-------------|--|
| D. CANCER BENEFIT   |  |  |  |  |             |  |
| Oncology tests, drugs, consultant's fees including<br>cover for chemotherapy and radiotherapy, when<br>the treatment is aimed to cure the cancer.                                       | Covered in full                                |  |  |  |             |  |
| Treatment on an inpatient, day-patient or<br>outpatient basis that maintains, monitors and<br>provides relief of symptoms of cancer that is<br>diagnosed as a chronicmedical condition. | Covered up to<br>a lifetime limit<br>of 50,000 | Covered up to<br>a lifetime limit<br>of 40,000 | Covered up to<br>a lifetime limit<br>of 30,000 | Covered up to<br>a lifetime limit<br>of 20,000 | Not covered |  |
| Palliative treatment and end stage medical care of cancer that has been diagnosed as terminal.  | Covered up to<br>a lifetime limit<br>of 50,000 | Covered up to<br>a lifetime limit<br>of 40,000 | Covered up to<br>a lifetime limit<br>of 30,000 | Covered up to<br>a lifetime limit<br>of 20,000 | Not covered |  |

|   | Diamond  | Platinum   | Gold   | Silver   | Bronze   |  |  |  |
|---|--|--|--|--|--|--|--|--|
| E. CHRONIC MEDICAL CONDITIONS BENEFIT   |  |  |  |  |  |  |  |  |
| Treatment of an acute episode of a chronic<br>medical condition where you have become<br>medically unstable.  | Covered within the<br>limits specified in<br>section A and C | Covered within the<br>limits specified in<br>section A and C | Covered within the<br>limits specified in<br>section A and C | Covered within the<br>limits specified in<br>section A and C | Covered within the<br>limits specified in<br>section A and C |  |  |  |
| Treatment that maintains, monitors and provides<br>relief of symptoms, including palliative treatment of<br>a chronic medical condition on an inpatient, day-<br>patient or outpatient basis. | Covered up to<br>a lifetime limit<br>of 50,000               | Covered up to<br>a lifetime limit<br>of 40,000               | Covered up to<br>a lifetime limit<br>of 30,000               | Covered up to<br>a lifetime limit<br>of 20,000               | Not covered  |  |  |  |

|   | Diamond  | Platinum                                       | Gold   | Silver   | Bronze      |
|---|--|--|--|--|-------------|
| F. TERMINAL ILLNESS BENEFIT   |  |  |  |  |             |
| Palliative treatment and end stage medical care of<br>a diagnosed terminal illness. | Covered up to<br>a lifetime limit<br>of 50,000 | Covered up to<br>a lifetime limit<br>of 40,000 | Covered up to<br>a lifetime limit<br>of 30,000 | Covered up to<br>a lifetime limit<br>of 20,000 | Not covered |

|  | <b>Diamond:</b><br>3,000 Maximum | <b>Platinum:</b><br>1,000 Maximum | <b>Gold:</b><br>500 Maximum | Silver      | Bronze      |
|--|----------------------------------|-----------------------------------|-----------------------------|-------------|-------------|
| G. DENTAL OUTPATIENT BENEFIT   |                                  |                                   |                             |             |             |
| Routine dental treatment - one annual check-up,<br>including one annual scale and polish.  | Covered up to 75%                | Covered up to 75%                 | Covered up to 75%           | Not covered | Not covered |
| Diagnostic tests such as x-rays  | Covered up to 75%                | Covered up to 75%                 | Covered up to 75%           | Not covered | Not covered |
| Clinically necessary dental treatment to restore<br>your teeth and oral health, such as fillings, gum<br>treatment, crowns, bridges, inlays and extractions.   | Covered up to 75%                | Covered up to 75%                 | Covered up to 75%           | Not covered | Not covered |
| Emergency outpatient dental treatment –<br>treatment received for the immediate relief<br>of dental pain, including temporary fillings,<br>limited to 3 fillings per policy period, and/or the<br>repair of damage caused in an accident. The<br>treatment must be received within 24 hours of the<br>emergency event. This does not include any form<br>of dental prostheses or root canal treatment. | Covered up to 75%                | Covered up to 75%                 | Covered up to 75%           | Not covered | Not covered |
| Dental surgery to include extraction of teeth and root canal surgery.  | Covered up to 75%                | Covered up to 75%                 | Covered up to 75%           | Not covered | Not covered |
| Orthodontic treatment for an insured person under 18 years of age only.<br>12 month waiting period applies.  | Covered up to 75%                | Covered up to 75%                 | Covered up to 75%           | Not covered | Not covered |

|   | Diamond         | Platinum        | Gold            | Silver          | Bronze  |
|---|-----------------|-----------------|-----------------|-----------------|---|
| H. MEDICAL EVACUATION & REPATRIA  | TION BENEFIT    |                 |                 |                 |   |
| Medical evacuation when an insured person is<br>placed on a critical list or in our opinion, adequate<br>treatment is not available locally or if adequately<br>screened blood is unavailable in the event of an<br>emergency. If a medical evacuation is eligible, we<br>will evacuate the insured person to the nearest<br>appropriate medical centre (which may or may<br>not be located in the insured person's home<br>country) or we will, where appropriate, endeavour<br>to locate and transport screened blood and sterile<br>transfusion equipment. The medical evacuation<br>will be carried out in the most economical way<br>having regard to the medical condition. | Covered in full | Covered in full | Covered in full | Covered in full | Covered in<br>full when an<br>inpatient or<br>day-patient<br>admission is<br>needed |
| Accommodation after a medical evacuation if you<br>are unable to travel after discharge – If medical<br>necessity prevents the insured member from<br>undertaking the evacuation or transportation<br>following discharge from an inpatient episode<br>of care, we will cover the reasonable cost of<br>hotel accommodation up to a maximum of 7<br>days, comprising of a private room with en-<br>suite facilities. We do not cover costs for hotel<br>suites, 4 or 5 star hotel accommodation. Hotel<br>accommodation for an accompanying person is<br>not covered.   | Covered in full | Covered in full | Covered in full | Covered in full | Covered in<br>full when an<br>inpatient or<br>day-patient<br>admission is<br>needed |
| Economy class return airfare to country of<br>residence – Following completion of treatment, we<br>will cover the cost of the return trip, at economy<br>rates, for the evacuated insured person to return to<br>his/her principal country of residence. The return<br>journey must be made within one month after the<br>eligible treatment has been completed.  | Covered in full | Covered in full | Covered in full | Covered in full | Covered in<br>full when an<br>inpatient or<br>day-patient<br>admission is<br>needed |
| Where an insured person has been evacuated<br>to the nearest appropriate medical centre<br>for ongoing treatment, we will agree to cover<br>the reasonable cost of hotel accommodation<br>comprising of a private room with en-suite<br>facilities. The cost of such accommodation<br>must be more economical than successive<br>transportation costs to/from the nearest<br>appropriate medical centre and the principal<br>country of residence.  | Covered in full | Covered in full | Covered in full | Covered in full | Covered in<br>full when an<br>inpatient or<br>day-patient<br>admission is<br>needed |
| Economy travelling expenses of a companion<br>– We will cover the economy class travel,<br>accommodation and economy class return<br>airfare expenses for pre-authorised costs of a<br>close business companion or the insured person's<br>dependants having to accompany the insured<br>person for an emergency medical evacuation, this<br>benefit will only apply when the insured person is<br>evacuated when placed on a critical list.  | Covered in full | Covered in full | Covered in full | Covered in full | Covered in<br>full when an<br>inpatient or<br>day-patient<br>admission is<br>needed |
| Repatriation of mortal remains – the<br>transportation costs of the deceased's mortal<br>remains from the principal country of residence<br>to the country of burial. Covered expenses include,<br>but are not limited to, expenses for embalming,<br>a container legally appropriate for transportation,<br>shipping costs and the necessary government<br>authorisations. Cremation costs will only be<br>covered in the event that this is required for legal<br>purposes. Costs incurred by any accompanying<br>persons are not covered. All covered expenses in<br>connection with the repatriation of mortal remains<br>must be pre-authorised by us.                       |                 |                 | Covered in full |                 |   |

|  | Diamond | Platinum | Gold            | Silver | Bronze |
|--|---------|----------|-----------------|--------|--------|
| I. COMPASSIONATE EMERGENCY VISIT   | BENEFIT |          |                 |        |        |
| Costs incurred by an insured person for an<br>economy class return airfare from the principle<br>country of residence to visit a close family member,<br>up to the age of 70 years, in the event of a medical<br>condition that results in that close family member<br>being placed on a critical list, or his/her death.<br>Limited to one return journey per insured person,<br>per policy year. |         |          | Covered in full |        |        |

|                      | Diamond | Platinum | Gold | Silver | Bronze |
|----------------------|---------|----------|------|--------|--------|
| J. MATERNITY BENEFIT |         |          |      |        |        |

Only available to female members who are aged between 18 and 44. Cover only becomes available for treatment received 11 months after the policy inception.

| Any medically necessary costs incurred during a<br>routine, non-complicated pregnancy or childbirth,<br>including hospital charges, specialist fees, the<br>mother's pre- and post-natal care and midwife<br>fees. We will only provide cover for one 2D<br>ultrasound scan in each trimester.  | Covered up<br>to 7,500  | Covered up<br>to 5,000  | Covered up<br>to 2,500 | Not covered | Not covered |
|---|-------------------------|-------------------------|------------------------|-------------|-------------|
| Newborn care after a covered pregnancy –<br>we will provide cover for reasonable routine<br>accommodation charges of your newborn. We<br>will also provide cover for necessary examinations<br>before discharge to include: • a physical<br>examination • Vitamin K • Hepatitis B vaccine •<br>BCG vaccine • blood tests for PKU, congenital<br>hypothyroidism and G6PD | Covered up<br>to 7,500  | Covered up<br>to 5,000  | Covered up<br>to 2,500 | Not covered | Not covered |
| Medically necessary c-sections.   | Covered up<br>to 10,000 | Covered up<br>to 5,000  | Covered up<br>to 2,500 | Not covered | Not covered |
| Birth defects and congenital abnormalities.   | Covered up to<br>20,000 | Covered up to<br>15,000 | Covered up to<br>10,00 | Not covered | Not covered |
| Newborn accommodation when staying in<br>hospital with the mother up to 10 nights.  | Covered in full         | Covered in full         | Covered in full        | Not covered | Not covered |

|  | Diamond | Platinum | Gold    | Silver      | Bronze      |
|--|---------|----------|---------|-------------|-------------|
| L. ACCIDENTAL DEATH BENEFIT                            |         |          |         |             |             |
| Death of an insured person as a result of an accident. | 100,000 | 100,000  | 100,000 | Not covered | Not covered |

This summary of benefits is intended as a brief summary of benefits. It is not your policy document and does not contain a complete list of the coverage, limitations, and exclusions of this coverage. If there is any difference between this summary and your policy document, the provisions of the policy document will prevail.